

Pancakes

Multigrain, Dairy Free

Gluten Free available add .50 each cake

- * 1 pancake \$3.95
- * 2 pancakes \$5.95
- * 1 pancake, 1 egg & 2 strips of bacon \$6.95
- * French Toast served on challah bread \$7.95
- * 1/2 order of french toast, 1 egg, 2 slices of bacon \$8.25
- * 1 blueberry pancake \$5.50
- * 2 blueberry pancakes \$7.95
- Blueberry \$7.95
- Gluten Free \$9.50
- Gluten Free \$9.25

Biscuits & Potatoes

- * Biscuits & gravy (Jalapeno chili cheddar biscuit) 1/2 order \$5.50 full order \$7.50
- * Potatoes & gravy 1/2 order \$5.50 full order \$7.50
- * Potatoes & grilled veggies with cheese \$8.50 w/grilled Tofu \$9.50 (lightly Teriyaki on request)

Cereals

served with choice of milk

- * Oatmeal served with brown sugar & raisins \$3.95
- or with sliced almonds & cinnamon \$4.95
- * Gluten free oatmeal \$5.95
- * Raisin Bran cereal \$3.95
- * Granola, plain yogurt & fresh fruit \$8.50
- * Homemade Granola \$5.50
- add toast \$1.25
- add gluten free toast \$1.75

Children's Menu (10 & under) \$3.95

- * Cheese omelette & Toast
- * 3 Dollar pancakes
- * Fresh Fruit
- * French Toast
- * 1 egg, potatoes & toast
- * Cereal & toast

Fresh Juices

8 oz. \$2.95 12 oz. \$3.95 16 oz. \$4.95

Orange • Carrot • Apple • Grapefruit • Carrot, Apple, Ginger

House Juice

Carrot, Apple, Beet, Celery & Ginger

Sides

Coffee or Tea	\$1.75	1 egg	\$1.50
Hot or Cold Chocolate	\$2.50	2 eggs	\$2.50
Milk or Chocolate	sm.\$2.25 lg.\$2.75	Bacon or sausage or ham	\$3.95
Fresh fruit (assorted)	\$5.25	2 slices of toast \$1.75	Gluten free \$2.00
Cottage Cheese	\$1.95	Gravy add \$1.50	side \$2.25
Sour cream or Salsa	.75	Potatoes	\$3.95
Grapefruit, Cranberry,	\$1.95 8 oz.	Avocado add \$1.25	side \$1.95
Tomato, Lemonade	\$2.50 12 oz.	Wheatgrass	\$2.95
Bagel \$1.95 w/ cream cheese	\$2.95	Split plates	\$1.00

Drinks available in Market

Kitchen Boxed to go orders add .50